



25th March 2023

B2B Cycle Ride

2023 is the 30th anniversary of cycle ride events raising funds for the **Bordertown Memorial Hospital** and Aged Care facilities.

The B2B in 2023 is going to be bigger and better than ever! Enter individually or in a team to combine your fundraising efforts.

The ride is fully supported with water and snack stops, support vehicles and traffic management. E-bikes welcome.



Ride Options

Choose from the options below. All rides will finish in Bordertown at approximately 5:30pm for a post-ride celebration BBQ and drinks at Virgo Park (TBC).

Ride Options	Experience Level	Leaving From	Distance	Ride Time (approx, breaks in addition)
1	Experienced Riders	Kingston at 12:30pm	114 km	4 hours 15 mins
2	Challenge Riders	Kingston at 10am	114 km	5 hours 45 mins
3	Challenge Riders	Marcollat at 1:10pm	61 km	3 hours
4	Challenge Riders	Wampony at 4:10pm	23 km	1 hour 15 mins
5	Family Riders	Mundulla from 4:30pm	10 km	30 - 45 mins

We expect Option 1 riders to ride at an average of 25km/hr or faster for the full distance. Challenge riders should be able to ride at an average of approximately 20km/hr for their chosen distance. Family riders at their own pace.

Entry Fee/Donation

Option 1 or 2: \$180 per cyclist

Option 3 or 4: \$120 per cyclist

****Early Bird Bonus for Options 1 > 4:** Commemorative 30th Anniversary Ride Jersey - registration must be completed and payment received by 17th February 2023; BikeSA membership will also be included if not already a member.

Option 5: \$25 per family, riders under the age of 16 must be accompanied by an adult

Fundraising

We encourage all riders to assist in the fundraising efforts of the Foundation by asking family and friends to donate or to sponsor you or your team in the lead up to this fantastic event. Every dollar helps! See over the page for details on how to donate.



**Bordertown
Health & Community
Foundation**

30 Years



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Training Rides

If you are choosing Options 1 > 4, we strongly encourage you to attend one or more training rides. This is especially important if you're not familiar with riding in a group. These training rides will not focus on speed, rather they will concentrate on the dynamics and etiquette of riding in a group.

- Training Ride 1 - 8am Sunday 19th February 2023
- Training Ride 2 - 8am Sunday 26th February 2023
- Training Ride 3 - 8am Sunday 5th March 2023
- Training Ride 4 - 8am Sunday 12th March 2023



In the lead up to these "official" training rides, we welcome you to meet at Apex Park every Sunday morning at 8am (from 20th November) to go for a ride.

Our team captain has started a WhatsApp group for Bordertown-based riders to post if they are planning a ride and would like company. If you would like to join this group, please indicate this when you register.

How to Register

Visit <https://www.trybooking.com/CDZJT> or use the QR code to go straight to the booking web site on your phone. Registration opens 15th November 2022.



If you have any questions about registration, please email info@bhcfoundation.com.au

How to make a tax deductible donation to B2B 2023

Online

Visit our web site using the QR code or:
<https://bhcfoundation.com.au/donations>



Cheque

To: Bordertown Health & Community Foundation
PO Box 743 Bordertown SA 5268

EFT Transfer

BSB: 035070
A/c: 171227
Reference: your name/rider name
Email: daleb@murraynankivell.com.au to request a receipt

Cash/Cheque Deposit at Bank SA

BSB: 105066
A/c: 036476140
Reference: your name or rider/team name

In Person

Complete the details below and provide to a Board Member or rider with your donation.

B2B 2023 Donation Details

Name: _____ Amount: \$ _____

I am sponsoring: _____
rider or team name

Receipt by Email/Post: _____
email or postal address



30 Years